

For Immediate Release



Register now for Nature Journaling: Botany Through Art

NAPLES, FL – August 15, 2022 – Naples Botanical Garden is now signing up adults 55 and older for our Nature Journaling: Botany Through Art courses for 2022 – 2023. This free creative-aging nature journaling program is now offered in English and Spanish. These free classes include materials and fill up quickly – register soon to reserve a spot!

This eight-week workshop series facilitates students' exploration of nature and self through nature journals. English and Spanish journaling classes are held virtually through Google Meet. A highlight of the nature journaling course is meeting other participants and building a sense of community. This is made possible with combined optional in-person meet ups in the Garden scheduled throughout the

sessions.

Students in this program explore how to express themselves by creating a nature journal using watercolor pencils. The classes encourage participants to practice observation in order to form deeper connections with the nature around them. Creative aging programs such as this one provide older adults with a renewed sense of purpose, improved well-being, and connection with others.

[Get Session Dates, Sign Up for a Session, Or Register for Our Waitlist](#)

Nature Journaling: Botany Through Art is supported by grants from the Collier Community Foundation and E.A. Michelson Philanthropy.



For media questions, please contact Jenny Fuentes, Senior Content Manager, at jfuentes@naplesgarden.org or at 239.315.7289.

About Naples Botanical Garden

Naples Botanical Garden is where plants and people thrive together. In addition to our 170-acre showcase for tropical plants, the Garden offers a uniquely beautiful, natural, and ever-changing experience to bring our diverse community together to enjoy companionship, refuge, learning, and celebration.

Summer hours of operation are 9 a.m.– 2 p.m., June 1 – Sept. 30. Members-only entry 8 – 9 a.m. daily. Visit naplesgarden.org for details.

[Visit our Media Page](#)

