



Register now for Nature Journaling: Botany Through Art

NAPLES, FL – August 21, 2023 – Registration is now open to adults 55 and older for Naples Botanical Garden’s 2023 – 2024 Nature Journaling: Botany Through Art courses. This free creative-aging nature journaling program is offered in English and Spanish. These classes include materials and fill up quickly – register soon to reserve a spot!

This eight-week workshop series facilitates students’ exploration of nature and self through nature journals with watercolor pencils as the primary media. Participants attend virtual classes in English or Spanish via Google Meet. A course highlight is the opportunity for participants to meet and build a sense of community. This is made possible with optional in-person Garden meet ups scheduled throughout the sessions.

The classes are designed to strengthen participants' observation skills so that they may form deeper connections with the natural world. Creative aging programs such as this one provide older adults with a renewed sense of purpose, improved well-being, and connection with others.

2023 – 2024 classes are as follows:

- **Fall Session 2023:** Sept. 12 – Oct. 31, registration deadline is Sept. 1
- **Winter Session 2024:** Jan. 9 – Feb. 27
- **Spring Session 2024:** April 9 – May 28

[Registration
Details](#)

For media questions, please contact media@naplesgarden.org.

About Naples Botanical Garden

Naples Botanical Garden is where plants and people thrive together. In addition to our 170-acre showcase for tropical plants, the Garden offers a uniquely beautiful, natural, and ever-changing experience to bring our diverse community together to enjoy companionship, refuge, learning, and celebration.

Summer hours of operation are 9 a.m.– 2 p.m., June 1 – Sept. 30. Members-only entry 8 – 9 a.m. daily. Visit naplesgarden.org for details.

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